

## AUBURN UNIVERSITY MARRIAGE AND FAMILY THERAPY CLINIC *Committed Relationship Intersession Report (AFTER the session)*

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**These statements refer to your thoughts about your therapist/therapy right NOW.** We are interested in your **FIRST** impressions.

	<i>Completely Disagree</i>			<i>Neutral</i>			<i>Completely Agree</i>		
	1	2	3	4	5	6	7		
1. The therapist cares about me as a person.....	1	2	3	4	5	6	7		
2. The therapist understands my goals in this therapy .....	1	2	3	4	5	6	7		
3. The therapist and I are in agreement about the way the therapy is being conducted .....	1	2	3	4	5	6	7		
4. The therapist does <u>not</u> understand the relationship between my partner and me .....	1	2	3	4	5	6	7		
5. The therapist cares about the relationship between my partner and me .....	1	2	3	4	5	6	7		
6. The therapist does <u>not</u> understand the goals that my partner and I have for ourselves as a couple or co-parents in this therapy.....	1	2	3	4	5	6	7		
7. My partner feels accepted by the therapist .....	1	2	3	4	5	6	7		
8. My partner and the therapist agree about the way the therapy is being conducted.....	1	2	3	4	5	6	7		
9. The therapist understands my partner's goals for this therapy .....	1	2	3	4	5	6	7		
10. My partner and I do <u>not</u> accept each other in this therapy .....	1	2	3	4	5	6	7		
11. My partner and I are in agreement about our goals for this therapy .....	1	2	3	4	5	6	7		
12. My partner and I are <u>not</u> pleased with the things that each of us does in this therapy .....	1	2	3	4	5	6	7		
13. I am satisfied with this therapy .....	1	2	3	4	5	6	7		

**Rate today's session by placing a mark on the line nearest to the description that best fits your experience.**

### Relationship

I did not feel heard, understood, and respected. I-----I      I felt heard, understood, and respected.

### Goals and Topics

We did not work on or talk about what I wanted to work on and talk about I-----I      We worked on and talked about what I wanted to work on and talk about.

### Approach and Method

The therapist's approach is not a good fit for me. I-----I      The therapist's approach is a good fit for me.

### Overall

There was something missing in the session today. I-----I      Overall, today's session was right for me.